KINDNESS BINGO
How does it feel to be kind?

Objective
After completing this activity, your child will be able to describe their own experience with acts of kindness.

Materials Needed
• Printed activity sheet
• Writing utensils

Introductory Activity
Ask your child, “Describe a time when someone was kind to you. How did it make you feel?” Share an act of kindness that you remember.

Directions
Put a printed “Kindness Bingo” activity sheet on the fridge where everyone can see it. As your child completes a task, they should mark the corresponding square with a writing utensil. When they have achieved a “Bingo” (5 filled-in squares in a row – can be up-down, right-left, or corner-to-corner), they win! Take as much time to complete the sheet as you would like. With your family, decide on a prize for winning. Repeat with different sheets as often as you want.

Reflection Questions (for discussion after achieving a “Bingo”)
• How did it make you feel to be kind to others?
• How did people react when you were kind to them?
• Why is it important to be kind to others?
1. **KINDNESS BINGO**

   *How does it feel to be kind?*

   Cross off activities as you complete them. The goal is to complete five activities in a row up and down, right to left, or diagonally.

<table>
<thead>
<tr>
<th>Make a thank you card for someone who works at your school</th>
<th>Write a nice note to your teacher</th>
<th>Tell someone that you appreciate them</th>
<th>Ask a friend how their day is going</th>
<th>Help with dinner</th>
</tr>
</thead>
<tbody>
<tr>
<td>Do a chore without being asked</td>
<td>Give someone a compliment</td>
<td>Invite someone new to sit with you</td>
<td>Offer to help someone</td>
<td>Spend time with a friend or sibling</td>
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<tr>
<td>Tell someone they are doing a great job</td>
<td>Tell a friend how much you appreciate them</td>
<td>Help a neighbor with a chore</td>
<td>Tell your parents thank you</td>
<td></td>
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<tr>
<td>Invite someone new to sit at your table</td>
<td>Donate to your favorite nonprofit (time, treasure or talent!)</td>
<td>Help carry in groceries from the car</td>
<td>Bake cookies and deliver them to a local fire or police station</td>
<td>Give up your seat on the bus</td>
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<tr>
<td>Make someone a cup of tea or hot cocoa</td>
<td>Send a postcard to someone you love</td>
<td>Pick up trash off the street</td>
<td>Call a friend or relative and sing them a silly song</td>
<td>Share your toys</td>
</tr>
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Cross off activities as you complete them. The goal is to complete five activities in a row up and down, right to left, or diagonally.

1. **FREE SPACE**
# KINDNESS BINGO

How does it feel to be kind?

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<tr>
<th>Help with dinner</th>
<th>Call an old friend or relative and sing them a silly song</th>
<th>Tell someone that you appreciate them</th>
<th>Pick up trash off the street</th>
<th>Wash a neighbor’s car</th>
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<tr>
<td>Help another kid with their homework</td>
<td>Share your toys</td>
<td>Paint a picture for a neighbor you don’t know well</td>
<td>Make someone a cup of tea or hot cocoa</td>
<td>Tell someone they are doing a great job</td>
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<td>Make someone laugh with your favorite video or joke</td>
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<td>Tell your parents thank you</td>
<td>Do a chore for a sibling (without them knowing)</td>
<td>Donate used books to your local library</td>
<td>Give random hugs</td>
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<td>Ask a friend how their day is going</td>
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<td>Bring pet supplies to a local animal shelter</td>
<td>Pick up trash at a local park or nature area</td>
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<th>2</th>
<th>3</th>
<th>4</th>
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<td>Spend time with a friend or sibling</td>
<td>Ask a friend how their day is going</td>
<td>Help carry in groceries from the car</td>
<td>Invite someone new to sit with you</td>
<td>Use sidewalk chalk to write out a message of love</td>
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<td>Take out your neighbor’s trash for them</td>
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SAVE. SPEND. GIVE.
Teach your kids about money with this DIY project.

Objective
Teaching kids the importance of money is an invaluable lesson. It can also be tricky because money is an abstract concept. This “Save. Spend. Give.” activity helps take an abstract idea and turn it into something they can see and understand.

Introductory Activity
Ask your child, “Why should we save our money?” Have a quick discussion about how saving money can mean more options for spending and for giving.

When they are ready to make a donation from their “Give” jar, have them cash in their money to the “Family Bank” (you) and in return buy them a Giving eCard at www.KidsforColoradoGives.org. This way they can experience making a donation on their own!

Reflection Questions (for discussion after completing activity)
- Why is it important to save money?
- What will you save for first? (Print a picture and put it on the jar for a reminder.)
- Is there a nonprofit that inspires you? Can you save to give to them?

Materials Needed
- 3 pint-size mason jars (smooth jars work best)
- Chalk or paint markers
- Mason jar slotted lids
- Chalkboard labels
- Jar decorations
- Glue
- Scissors (optional)
SAVE. SPEND. GIVE.
Teach your kids about money with this DIY project.

Step 1
Gather all your decorations and materials. Reduce clean up by working at a table and spreading a disposable tablecloth.

Step 2
Write on the chalkboard labels with your marker. If your child cannot write, feel free to let them draw out the words instead.

Step 3
Decorate! Some people like to tie a pretty ribbon around the neck of the jar. Some kids like to glue pom poms all over.

Step 4
Start off your child’s jars by discussing how much will go in each jar. Place the jars in a spot the whole family can see and encourage your child when jars are filled.
3

WORDS TO GIVE BY

What words do you use when you talk about helping others?

Objective
After completing this activity, your child will know the definition of five vocabulary words about giving and use the vocabulary in a brief discussion.

Materials Needed
• Printed activity sheet
• Writing utensils
• Scissors (optional)

Introductory Activity
Ask your child, “What words do you use when you talk about helping others?” Have a quick discussion about what they already know about the vocabulary of giving.

Activity by Level
Green for Beginning Learners (grades 3-4)
Orange for Intermediate Learners (grades 5-6)
Purple for Advanced Learners (grades 7-8)

Reflection Questions (for discussion after completing activity)
• Which of these words is your favorite? Why?
• What does it mean to be a generous person?
• How have you seen other people be generous?
• How do we show living things that we care about them?
WORDS TO GIVE BY

What words do you use when you talk about helping others?

For Beginning Learners (grades 3-4)
Guess which definitions on the right side of the page match with the vocabulary words on the left side of the page. When all words and definitions are correctly matched (your child may need help to get the right answers), talk about how you could use these words in a sentence.

Help
A group with common interests.

Give
To be kind.

Caring
To share.

Community
To do something for someone who needs it.
For Intermediate Learners (grades 5-6)
Match the vocabulary words on the left side of the page with the definitions on the right side of the page by drawing lines to connect the two. Once you’ve completed this step, review each word one-by-one and explain the words and definitions. Can you write a sentence using each word?

**Pledge**
To do something without expecting to be paid.

**Volunteer**
Available supply or financial support that can be drawn on when needed.

**Support**
To help. Can also mean resources such as money or food that help.

**Resources**
To make a promise.
For Advanced Learners (grades 7-8)
Using a dictionary (paper or online), look up and record the definition of each word on the left. Once you finish, write a sentence using each word. Go over each sentence one-by-one and discuss the words and definitions.

- **Fundraising**
  - Definition
  - Sentence

- **Philanthropy**
  - Definition
  - Sentence

- **Nonprofit**
  - Definition
  - Sentence

- **501(c)(3)**
  - Definition
  - Sentence
WHAT KIND OF GIVER ARE YOU?

What does it mean to have a passion?

Objective
After completing this activity, your child will better understand which charitable cause they are passionate about.

Materials Needed
- Device with internet
- Printer
- Coloring utensils

Introductory Activity
Ask your child, “What does it mean to have a passion?” Have a brief discussion about your own passions and what your child knows about passions.

Directions
Sit down with your child at a device with internet access and go to: bit.ly/2vcmJzv

Have your child take the online quiz to find out which cause they are passionate about. Once they finish the quiz, download and print the coloring sheet located at the bottom of the results page.

Ask your child to locate a place in your home to hang the coloring sheet where they will see it as a daily reminder. For example, the refrigerator door or the bathroom mirror. Explain how being reminded of their passion is important as they grow up and make decisions about their careers, money and even social connections.

Reflection Questions (for discussion after completing activity)
- What do you think about your results?
- What people or organizations help this cause?
- What are some ways we could help the cause?
How does it feel to be a philanthropist?

Objective
After completing this activity, your child will have experienced the joy of being a philanthropist.

Introductory Activity
Ask your child, “What are some reasons we might need to help others?” Discuss what your child knows about people in need.

Directions
1. Now that your child knows what kind of giver they are, it’s time to explore the different nonprofits that are working to help that cause. Sit down with your child at a device with internet access and go to: www.KidsforColoradoGives.org
2. Scroll down the page and choose the cause your child is passionate about from the icons that appear. Click on any nonprofit’s logo to view their profile. Note: a green “Donate” button indicates Nonprofits.
3. Read the nonprofit’s profile and watch their videos with your child. Repeat this process for three to five nonprofits. After viewing, ask your child which one appeals to them the most and why.
4. If you have a Giving eCard, continue to step 5. If you do not have a Giving eCard, visit bit.ly/2Kl3kii to purchase one for your child. Note: Giving eCards are delivered electronically to the supplied email address. If you do not see the card in your inbox, please check your spam/junk folder or Promotions tab in Gmail. After purchasing a Giving eCard, return to the nonprofit’s profile page and continue to step 5.
5. Once you have a Giving eCard, go to the nonprofit’s profile page and click the green “Donate” button. Choose a donation amount and click the green “Add to Cart” button. Note: The amount must be greater than or equal to $10 and must not contain any special characters like “$”. Enter your Giving eCard number in the blank field and click the green “Submit” button to send your child’s donation directly to the nonprofit.
6. Congratulations! Your child has helped a nonprofit that supports an important cause. They are now a charitable giver, philanthropist and donor.

Reflection Questions (for discussion after completing activity)
• How did it feel to help a nonprofit by making a donation?
• Are you proud to call yourself a philanthropist, donor and charitable giver?
• Is giving money something you would do again to help a nonprofit?
• What are some other ways you could help nonprofits?