

# 1

## KINDNESS BINGO

How does it feel to be kind?

### Objective

After completing this activity, your child will be able to describe their own experience with acts of kindness.

### Materials Needed

- Printed activity sheet
- Writing utensils

### Introductory Activity

Ask your child, “Describe a time when someone was kind to you. How did it make you feel?” Share an act of kindness that you remember.

### Directions

Put a printed “Kindness Bingo” activity sheet on the fridge where everyone can see it. As your child completes a task, they should mark the corresponding square with a writing utensil. When they have achieved a “Bingo” (5 filled-in squares in a row – can be up-down, right-left, or corner-to-corner), they win! Take as much time to complete the sheet as you would like. With your family, decide on a prize for winning. Repeat with different sheets as often as you want.

### Reflection Questions (for discussion after achieving a “Bingo”)


- How did it make you feel to be kind to others?
- How did people react when you were kind to them?
- Why is it important to be kind to others?



# KINDNESS BINGO

How does it feel to be kind?

Cross off activities as you complete them. The goal is to complete five activities in a row up and down, right to left, or diagonally.

Make a thank you card for someone who works at your school	Write a nice note to your teacher	Tell someone that you appreciate them	Ask a friend how their day is going	Help with dinner
Do a chore without being asked	Give someone a compliment	Invite someone new to sit with you	Offer to help someone	Spend time with a friend or sibling
Tell someone they are doing a great job	Tell a friend how much you appreciate them		Help a neighbor with a chore	Tell your parents thank you
Invite someone new to sit at your table	Donate to your favorite nonprofit (time, treasure or talent!)	Help carry in groceries from the car	Bake cookies and deliver them to a local fire or police station	Give up your seat on the bus
Make someone a cup of tea or hot cocoa	Send a postcard to someone you love	Pick up trash off the street	Call a friend or relative and sing them a silly song	Share your toys



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Help with dinner	Call an old friend or relative and sing them a silly song	Tell someone that you appreciate them	Pick up trash off the street	Wash a neighbor's car
Help another kid with their homework	Share your toys	Paint a picture for a neighbor you don't know well	Make someone a cup of tea or hot cocoa	Tell someone they are doing a great job
Make someone laugh with your favorite video or joke	Bake cookies and deliver them to your local fire or police station		Donate to your favorite nonprofit (time, treasure or talent!)	Help a neighbor with a chore
Tell a friend how much you appreciate them	Give someone a compliment	Offer to help someone	Write a nice note to your teacher	Walk a neighbor's dog for them
Tell your parents thank you	Do a chore for a sibling (without them knowing)	Donate used books to your local library	Give random hugs	Invite someone new to sit at your table



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Help a neighbor with a chore	Make someone a cup of tea or hot cocoa	Tell your parents thank you	Make a thank you card for someone who works at your school	Wash a neighbor's car
Do a chore for a sibling (without them knowing)	Tell someone that you appreciate them	Share your toys	Give someone a compliment	Give up your seat on the bus
Ask a friend how their day is going	Send a postcard to someone you love		Bring pet supplies to a local animal shelter	Pick up trash at a local park or nature area
Tell someone they are doing a great job	Invite someone new to sit with you	Call a friend or relative and sing them a silly song	Thank a police officer, soldier, or firefighter	Bake cookies and deliver them to your local fire or police station
Give random hugs	Help with dinner	Help carry in groceries from the car	Call a friend or relative and tell them a joke	Donate used books to your local library



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How does it feel to be kind?

Cross off activities as you complete them. The goal is to complete five activities in a row up and down, right to left, or diagonally.

Spend time with a friend or sibling	Ask a friend how their day is going	Help carry in groceries from the car	Invite someone new to sit with you	Use sidewalk chalk to write out a message of love
Take out your neighbor's trash for them	Offer to put the trashcans away for a neighbor	Pick up trash at a local park or nature area	Thank a police officer, soldier, or firefighter	Send a postcard to someone you love
Give up your seat on the bus	Do a chore without being asked		Call a friend or relative and tell them a joke	Bring pet supplies to a local animal shelter
Rake leaves or shovel snow unexpectedly for a neighbor	Let the person in line behind you go first	Make a thank you card for someone who works at your school	Help with dinner	Write a nice note to your teacher
Help another kid with their homework	Do a chore for a sibling (without them knowing)	Paint a picture for a neighbor you don't know well	Donate to your favorite nonprofit (time, treasure or talent!)	Walk a neighbor's dog for them



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How does it feel to be kind?

Cross off activities as you complete them. The goal is to complete five activities in a row up and down, right to left, or diagonally.

Make someone laugh with your favorite video or joke	Do a chore without being asked	Rake leaves or shovel snow unexpectedly for a neighbor	Paint a picture for a neighbor you don't know well	Use sidewalk chalk to write out a message of love
Take out your neighbor's trash for them	Walk a neighbor's dog for them	Donate to your favorite nonprofit (time, treasure or talent!)	Help another kid with their homework	Write a nice note to your teacher
Pick up trash off the street	Let the person in line behind you go first		Offer to put the trashcans away for a neighbor	Spend time with a friend or sibling
Help a neighbor with a chore	Donate to your favorite nonprofit (time, treasure or talent!)	Help carry in groceries from the car	Bake cookies and deliver them to a local fire or police station	Give up your seat on the bus
Make someone a cup of tea or hot cocoa	Tell your parents thank you	Make a thank you card for someone who works at your school	Do a chore for a sibling (without them knowing)	Tell someone that you appreciate them

# 2

## SAVE. SPEND. GIVE.

Teach your kids about money with this DIY project.

### Objective

Teaching kids the importance of money is an invaluable lesson. It can also be tricky because money is an abstract concept. This “Save. Spend. Give.” activity helps take an abstract idea and turn it into something they can see and understand.

### Materials Needed

- 3 pint-size mason jars (smooth jars work best)
- Chalk or paint markers
- Mason jar slotted lids
- Chalkboard labels
- Jar decorations
- Glue
- Scissors (optional)

### Introductory Activity

Ask your child, “**Why should we save our money?**”

Have a quick discussion about how saving money can mean more options for spending and for giving.

When they are ready to make a donation from their “Give” jar, have them cash in their money to the “Family Bank” (you) and in return buy them a Giving eCard at [www.KidsforColoradoGives.org](http://www.KidsforColoradoGives.org). This way they can experience making a donation on their own!

### Reflection Questions (for discussion after completing activity)

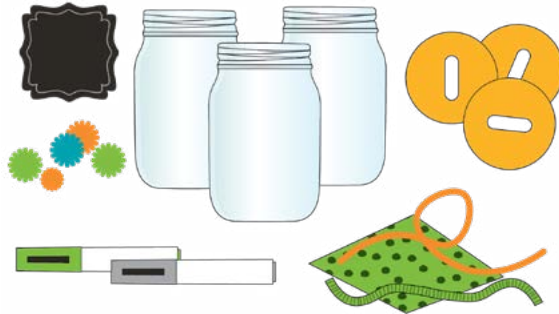
- Why is it important to save money?
- What will you save for first? (Print a picture and put it on the jar for a reminder.)
- Is there a nonprofit that inspires you? Can you save to give to them?



# 2

# SAVE. SPEND. GIVE.

Teach your kids about money with this DIY project.



### Step 1

Gather all your decorations and materials. Reduce clean up by working at a table and spreading a disposable tablecloth.



### Step 2

Write on the chalkboard labels with your marker. If your child cannot write, feel free to let them draw out the words instead.



### Step 3

Decorate! Some people like to tie a pretty ribbon around the neck of the jar. Some kids like to glue pom poms all over.



### Step 4

Start off your child's jars by discussing how much will go in each jar. Place the jars in a spot the whole family can see and encourage your child when jars are filled.



# 3

## WORDS TO GIVE BY

What words do you use when you talk about helping others?

### Objective

After completing this activity, your child will know the definition of five vocabulary words about giving and use the vocabulary in a brief discussion.

### Materials Needed

- Printed activity sheet
- Writing utensils
- Scissors (optional)

### Introductory Activity

Ask your child, “**What words do you use when you talk about helping others?**” Have a quick discussion about what they already know about the vocabulary of giving.

### Activity by Level

**Green** for Beginning Learners (grades 3-4)

**Orange** for Intermediate Learners (grades 5-6)

**Purple** for Advanced Learners (grades 7-8)

### Reflection Questions (for discussion after completing activity)

- Which of these words is your favorite? Why?
- What does it mean to be a generous person?
- How have you seen other people be generous?
- How do we show living things that we care about them?

# 3

## WORDS TO GIVE BY

What words do you use when you talk about helping others?

### For Beginning Learners (grades 3-4)

Guess which definitions on the right side of the page match with the vocabulary words on the left side of the page. When all words and definitions are correctly matched (your child may need help to get the right answers), talk about how you could use these words in a sentence.

Help

A group with common interests.

Give

To be kind.

Caring

To share.

Community

To do something for someone who needs it.

# 3

## WORDS TO GIVE BY

What words do you use when you talk about helping others?

### For Intermediate Learners (grades 5-6)

Match the vocabulary words on the left side of the page with the definitions on the right side of the page by drawing lines to connect the two. Once you've completed this step, review each word one-by-one and explain the words and definitions. Can you write a sentence using each word?

**Pledge**

To do something without expecting to be paid.

**Volunteer**

Available supply or financial support that can be drawn on when needed.

**Support**

To help. Can also mean resources such as money or food that help.

**Resources**

To make a promise.

# 3

## WORDS TO GIVE BY

What words do you use when you talk about helping others?

**For Advanced Learners (grades 7-8)**

Using a dictionary (paper or online), look up and record the definition of each word on the left. Once you finish, write a sentence using each word. Go over each sentence one-by-one and discuss the words and definitions.

**Fundraising**

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**Philanthropy**

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**Nonprofit**

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**501(c)(3)**

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# 4

## WHAT KIND OF GIVER ARE YOU?

**What does it mean to have a passion?**

### Objective

After completing this activity, your child will better understand which charitable cause they are passionate about.

### Materials Needed

- Device with internet
- Printer
- Coloring utensils

### Introductory Activity

Ask your child, **“What does it mean to have a passion?”** Have a brief discussion about your own passions and what your child knows about passions.

### Directions

Sit down with your child at a device with internet access and go to: [bit.ly/2vcmJzv](http://bit.ly/2vcmJzv)

Have your child take the online quiz to find out which cause they are passionate about. Once they finish the quiz, download and print the coloring sheet located at the bottom of the results page.

Ask your child to locate a place in your home to hang the coloring sheet where they will see it as a daily reminder. For example, the refrigerator door or the bathroom mirror. Explain how being reminded of their passion is important as they grow up and make decisions about their careers, money and even social connections.

### Reflection Questions (for discussion after completing activity)

- What do you think about your results?
- What people or organizations help this cause?
- What are some ways we could help the cause?

# 5

## DISCOVER

### How does it feel to be a philanthropist?

#### Objective

After completing this activity, your child will have experienced the joy of being a philanthropist.

#### Materials Needed

- Device with internet
- Giving eCard (\$10 minimum or credit card to purchase a \$10 Giving eCard)

#### Introductory Activity

Ask your child, **“What are some reasons we might need to help others?”**  
Discuss what your child knows about people in need.

#### Directions

- 1 Now that your child knows what kind of giver they are, it’s time to explore the different nonprofits that are working to help that cause. Sit down with your child at a device with internet access and go to: [www.KidsforColoradoGives.org](http://www.KidsforColoradoGives.org)
- 2 Scroll down the page and choose the cause your child is passionate about from the icons that appear. Click on any nonprofit’s logo to view their profile. *Note: a green “Donate” button indicates Nonprofits.*
- 3 Read the nonprofit’s profile and watch their videos with your child. Repeat this process for three to five nonprofits. After viewing, ask your child which one appeals to them the most and why.
- 4 If you have a Giving eCard, continue to step 5. If you do not have a Giving eCard, visit [bit.ly/2Ki3kli](http://bit.ly/2Ki3kli) to purchase one for your child. *Note: Giving eCards are delivered electronically to the supplied email address. If you do not see the card in your inbox, please check your spam/junk folder or Promotions tab in Gmail.* After purchasing a Giving eCard, return to the nonprofit’s profile page and continue to step 5.
- 5 Once you have a Giving eCard, go to the nonprofit’s profile page and click the green “Donate” button. Choose a donation amount and click the green “Add to Cart” button. *Note: The amount must be greater than or equal to \$10 and must not contain any special characters like “\$”.* Enter your Giving eCard number in the blank field and click the green “Submit” button to send your child’s donation directly to the nonprofit.
- 6 **Congratulations!** Your child has helped a nonprofit that supports an important cause. They are now a charitable giver, philanthropist and donor.

#### Reflection Questions (for discussion after completing activity)

- How did it feel to help a nonprofit by making a donation?
- Are you proud to call yourself a philanthropist, donor and charitable giver?
- Is giving money something you would do again to help a nonprofit?
- What are some other ways you could help nonprofits?